STARTERS

St Lucian Fish Broth

Diced Root Vegetables, Turmeric, Local Seasoning Pepper, Diced Fish – \$12



Tuna Tartare

Crushed Avocado, Spiced Mango, Lemon Dressing, Crisp -- \$14

Garlic Shrimp

Shrimp Sauteed in Garlic Butter, Served with Toasted Bread -- \$23

Honey Sesame Glazed Chicken Wings

Scallions, Carrot Sticks, Blue Cheese Dip -- \$16

Brie Salad

Fried Brie Cheese, Mix Green, Walnuts, Grapes, Roasted Tomatoes, Honey Balsamic Dressing, Grilled Baguette -- \$12

Farm Fresh Organic Green Salad

Blue Cheese Crumble, Walnuts, Sliced Apple, Cranberries, Port Wine Dressing -- \$14

Grilled Cajun Shrimp Salad

Romaine Hearts, Cherry Tomatoes, Hearts of Palm, Arugula, Citrus Dressing -- \$18

PASTA GLUTEN FREE PASTA AVAILABLE UPON REQUEST

Spaghetti

Pancetta and Conch Bolognese Or Meat Sauce-- \$24

Penne

Chicken Or Beef Ragu -- \$20

Linguini

Pesto, Balsamic Tomatoes, Pine nuts -- \$18

Risotto of the day

SIDE DISHES

French Fries -- \$7

Side Salad-- \$7

Sautéed Seasoning Vegetable Medley -- \$7

Broccoli with Chile and Garlic -- \$7

Mac and Cheese -- \$7

MAIN COURSES

Bistro Burger

Bacon, Egg, Lettuce, Tomatoes, Pickled, Bun, French Fries – \$20

Grilled Pork Racks

Grilled Vegetable Kebabs, BBQ Sauce, Cole Slaw, Fries – \$25

West Indian Chicken Roti

Potato, Chickpeas, Mango Chutney, Cucumber Chow, Rice - \$21

Jerk Half Chicken

Steamed Rice & Pigeon Pea, Charred Pineapple Salsa, Organic Greens-\$25

Catch of the Day.

Roasted Fish of the Day with lemon, Garlic chile Broccoli, Curry Pumpkin, Souskaile -- \$25

Grilled Salmon

Fingerling Potatoes, Squash, Beans, Cherry Tomatoes, Lemon Caper Beurre Blanc – \$28

Steak Frites

12oz New York Strip, Pomme Frites, Pepper Corn Sauce – \$38

DESSERT

Chocolate & Peanut Butter Brownie

Caramel Sauce & Vanilla Ice Cream - \$8

Passion Fruit Crème brulée -- \$8

Chocolaté Fondu -- \$16

Caramel Sauce, Banana Empanadas, Ginger Cookies, Tropical Fruits, Pumpkin Doughnuts.

Mojito Trifle---\$12

Crème de Menth, Tequila Lime Parfait, Mint Jelly, Cinnamon Crumble.

Manchego & Guava Cheese Napoleon---\$8

Assorted Local Ice Creams & Sorbets---\$3 Per Scoop.